



Breakaway Racing

Presents

Increasing Your Mental Toughness

Nationally known sport psychologist, author and speaker Dr. Robyn Odegaard will give a *rare*, open to the public, presentation: **Increasing Your Mental Toughness. \$10 Per Person – Proceeds to benefit Breakaway Racing.**

WHEN:

**Saturday November 3, 2012
Presentation From 9:00—10:00 AM
Doors open at 8:00 AM**

WHERE:

**Kendall Park Roller Rink
3550 State Route 27
Kendall Park, NJ 08824**

WHY: LEARN THE SECRETS TO GAINING THE MENTAL EDGE IN SPORTS COMPETITION

Dr. Robyn Odegaard (aka Doc Robyn) is a nationally known speaker, writer, and consultant. She has a doctorate in psychology with a concentration in sport and performance from Rutgers University. She is CEO of Champion Performance Development (www.ChampPerformance.com), an organization that enables her to combine her skills in executive coaching, organizational development, sports psychology, and public speaking to show her clients how they can achieve success in every aspect of their lives. Doc Robyn founded the *Stop The Drama! Campaign*, authored the book *Stop The Drama! The Ultimate Guide to Female Teams* (www.StopTheDramaNow.com), and speaks at high schools and colleges, instilling in students the same skills that bring success to her business clients. She is a sought after expert in leadership, teamwork, communication and conflict resolution for radio, TV and print. Doc Robyn recommends the presentation for **ages 15+**.



Questions: Email
breakawaymt@yahoo.com

Breakaway Racing is a world class inline speed skating team open to all interested in the sport of inline racing. Please contact Jane Carey at 267-229-8080 for more information

